



LAUREN NEWMAN

Runner

This CV may be kept on file and distributed for employment purposes.

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📍 Broxbourne, Hertfordshire

EDUCATION

NORWICH UNIVERSITY OF THE ARTS

BA (Hons) Film and Moving Image Production | 2:1
2021-2024

HERTFORD REGIONAL COLLEGE

Level 3 Extended Diploma in Film and TV Production | Distinction
2019-2021

SKILLS

Communication
Microsoft Office Proficient
Organisation & Attention to Detail
Teamwork
Time Management
Canon C-series, Arri Alexa
Adobe premiere pro,
After effects, Davinci
Resolve Knowledge

CERTIFICATION

Work Well Series
Coronavirus basic awareness on production training
Safeguarding for all
Diversity, equity and inclusion for the screen industries
Tackling harassment and bullying at work
2023-2025
ScreenSkills

PROFILE

My experience from student projects has equipped me with transferable skills necessary to thrive as a runner on film and TV sets. A motivated, target-driven individual looking to kickstart my career within the industry to gain experience and knowledge in the working environment.

STUDENT WORK

DIRECTOR OF PHOTOGRAPHY

Antibodies | Horror short | March 2024

Dir. Laila Berger Carneiro

- Operated Arri Alexa Mini LF
- Managed Gaffer, 1st AC & 2nd AC
- Operated Track and Dolly

1ST AC / GAFFER

Over the Rainbow | Drama Short | March 2024

Dir. Mia Wiles

- Focus puller
- Set up lights

DIRECTOR OF PHOTOGRAPHY

Room 6 | Horror Short | February 2024

Dir. Grace Duerden

- Operated Arri ALEXA Mini LF
- Created floor plans, Lighting plans, Shot list

GAFFER

Nibbles | Horror Short | February 2024

Dir. Cosmo Range-Dye

- Set up lights
- Clapper loader

WORK EXPERIENCE

SALES ASSISTANT Clarks | 2023

- Assisting with opening and closing the store.
- Working with each customer independently, adhering to their needs and providing a safe environment for young children who may be nervous.
- Hitting personal sales targets each day.

CAFE RUNNER Cafes in the Park | 2022

- Taking and delivering food and drink orders to customers.
- Cleaning and maintaining eating areas throughout the day.
- Replenishing stock when delivery arrives.
- Preparing the function room to the requirement of the customer.