

BEN SUGRUE

Show Control Technician

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🌐 <https://www.linkedin.com/in/bensugrue/> 📍 London

SUMMARY

Show control & rack technician working within the live events sector. My previous experience is primarily within theatre as a lighting technician / systems tech. I have a passion for show control, lighting, networking & immersive productions.

EXPERIENCE

De-Prep Technician (Show Control & Racks) 09/2022 - Present
ER Productions Dartford

Within this role I maintain a stock of computers, servers, show control equipment (dimmers, lighting desks), networking equipment and power/data distribution racks. I also assist with the creation of new racks and support show technicians with queries relating to show control, networking and data flow across a wide variety of high profile events.

I also occasionally work on shows as a Laser Technician or SFX Technician.

Technician 01/2022 - 09/2022
Layered Reality London

I worked as a technician at War of the Worlds: The Immersive Experience. Here, I was responsible for all technical elements of the show. This included the audio, lighting, video, special effects, virtual reality and motion simulator systems of the show. I worked with Dante, QLab and disguise to name some of the major software systems as well as designing and creating a piece of bespoke software for tracking guests throughout the production. I performed a wide variety of show critical maintenance and juggled a lot of different tasks using my prioritisation skills under tight time constraints whilst ensuring that communication was maintained between my department, front of house and the operations department (building managers).

Lighting Technician 01/2017 - Present
Freelance/Self-Employed London

Stagehand/Lighting Technician.

I have spent a good chunk of my career so far working on lighting systems for theatre shows. I'm formally trained in EOS, HOG4 and MA2. In my current role with ER-Productions, I look after a huge host of DMX controlled devices alongside servicing and maintaining a host of different lighting consoles.

Casual Technician 10/2021 - Present
Queen's Theatre Hornchurch Hornchurch

Casual Technician 08/2021 - 04/2023
The Orchard Theatre (HQ Theatres) Dartford

Casual Runner, Stage Manager & Technician 07/2021 - 09/2022
City Academy London

Separately performing Runner, Stage Manager and Technician roles for various City Academy Productions.

CERTIFICATION

Safe Working With Display Lasers

IOSH

Certified Laser Safety Officer (CLSO)

Laser Safety Services

Ambulance First Responder On Scene: Ambulance Co-Responder

London Ambulance Service NHS Trust

DMX Theory Operation and Troubleshooting

Electronic Theatre Controls

Dante Level 1

Audinate

GrandMa2 Fundamentals

Ambersphere Solutions Ltd

ETC EOS Level 1 & 2

Electronic Theatre Controls

Hippo School Basic

Green Hippo

HOG4 Level 1

High End Systems

ACHIEVEMENTS

💎 **Emergency Responder for London Ambulance Service**

In my spare time, I am an ER for The London Ambulance Service. I respond in uniform, on Blue lights to 999 calls requiring an ambulance response. I possess a higher standard of medical first response training than your average technician who typically only has 'First Aid at Work' and am actively practicing my skills and knowledge on patients, meaning that I'm well equipped to handle any medical emergency on site.

EDUCATION

Bachelor of Arts - BA, Creative Lighting
Control - Grade: First Class Honours
[Rose Bruford College](#)

01/2019 - 01/2022

STRENGTHS

Communication

Every day, I work with teams of various sizes in various different conditions to tackle tasks.

Computer Systems

I'm extremely proficient when it comes to computer systems and networking and I help support some very high profile shows and tours around the world with these skills.

Task Prioritisation

Throw multiple tasks at me and I'm able to prioritise them and delegate them effectively in order to stick to required timelines and get the job done.

Workplace Wellbeing

I hold a certificate in Ambulance First Response On Scene (Ambulance Co-Responder) and certificates in Mental Health First Aid and Workplace Mental Health Advocacy. Through this training, I'm able to help colleagues feel supported and safe.

Team Management

I'm happy to take the lead and prioritise tasks, making me a useful asset when working with teams of casual technicians or local crew.