


AVA CROWE

LONDON/WEST MIDLANDS BASED RUNNER

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 07906320221

OVERVIEW

Media Production graduate looking for runner opportunities within the television industry, willing to relocate for work. My interests lie in the technical aspects of production with the long term goal of becoming a camera operator. I am eager to widen my current skills base through gaining entry level experience.

KEY SKILLS AND QUALIFICATIONS

- Live studio experience
- Full UK driving licence (25+)
- First Aid trained
- DBS Checked
- ScreenSkills - Tackling Harassment and Bullying at Work
- ScreenSkills - Coronavirus Basic Awareness on Production

INDUSTRY EXPERIENCE

Late Night Lycett | Rumpus Media for Channel 4 | Technical Runner
April 2023

Acted as a runner for the camera department during an episode of a live show. Developed skills in cable bashing and crowd control whilst keeping set clean and tidy.

SUPPORTING EMPLOYMENT

Sainsbury's | Christmas Sales Assistant
November 2023 – January 2024

Working both alone and part of a team through the busy Christmas period, unpacking deliveries and organising stock with a keen eye for presentation. Maintaining a calm demeanour helping customers with queries or complaints, both at the checkout and on the shop floor.

Green Chimneys | Photography Specialist
June 2023 – August 2023

Photographer for a summer camp in New York. Planning and teaching photography lessons to children aged 5 to 14 over a 9-week period, dealing calmly with any child's individual struggles and thinking on my feet to adapt to any unforeseen obstacles.

Sainsbury's | Online Assistant
April 2023 – June 2023

Working unsociable hours to pack online deliveries under strict time limits. Working at speed whilst still maintaining good attention to detail and quality control.

Gail's Bakery | Barista
October 2021 – April 2023

Working as a barista in a busy, fast paced environment. Multitasking behind the till, answering phone calls, preparing online orders and ensuring all areas of the bakery are kept clean and tidy.

EDUCATION

Staffordshire University
First Class Honours - *Media (Film) Production BA (Hons)* (2016-2019)

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